

# Finch Breakfast Menu

Served between 07:30am—12:00pm Mon-Sat & 8am—11:00 Sun.  
All food made to order—Thank you for your Patience at busier times.  
Available to Dine in or Take Away. 01239 920 850.

## Brecwast Bach

Bacon, Egg,, Beans, Tomato, Toast & Tea or Coffee **6.5**

## The Full Welsh

Sausage, Bacon, Egg, Hash Browns, Mushrooms, Beans, Tomato, Toast, & Tea or Coffee **9.5**

## The Mighty Welsh

2 Sausages, 2 Bacon, 2 Eggs, 2 Hash Browns, Mushrooms, Beans, Tomato, 2 Toast & Tea or Coffee **12.5**

## The Vegetarian Welsh

Glamorgan Sausage, Avocado, Egg, Hash Brown, Mushrooms, Beans, Tomato & Tea or Coffee **9.5**

## Welsh Rarebit

### Traditional 16th Century Recipe 7.5

Homemade Sauce made with Welsh Cheddar,  
Welsh Butter, Wholegrain Mustard, Worcester-  
shire Sauce & Local Stout on Local Sourdough  
Rye.

*Add Streaky Bacon or Egg 1.5*

### Granola Bowls 6.5

*Lightly Toasted Peanuts, Almonds, Walnuts*

*Honey, Rolled oats, Coconut & Greek*

*Yoghurt with a choice of either*

Dark Chocolate & Banana

Raisins & Homemade Berry Coulis

## Extras:

Chips 2.0

Pork Sausage 1.5

Glamorgan Sausage 1.5

Bacon 1.0

Hashbrown 1.0

Avocado Half 1.0

Egg 1.0

Mushrooms 0.5

Beans 0.5

Tomato 0.5

Toast Slice 1.0

## Baps or Sandwiches

Bacon **4.5**

Sausage **4.5**

Vegetarian Glamorgan **4.5**

Egg **4.0**

Avocado & Grilled Tomato **4.5**

*Or Make your own Combinations!*

## American Style Pancakes 6.5

Streaky Bacon & Maple Syrup

Banana & Nutella

Vanilla ice Cream & Hot Berry Caulis

## Fresh Pastries Baked Daily 2.0

*(See Displays or ask the Team)*

If you have a food allergy, intolerance or coeliac disease please speak to staff about ingredients in food & Drink before you order.

# Finch Drinks Menu

## Ice Cream Milkshakes 4.5

Chocolate  
Chocolate and Hazelnut  
Strawberry  
Vanilla  
Caramel

Or Make your own from the  
shop selection of treats ...??

*(All Served with whipped cream  
& Marshmallows)*

## Cold Drinks

Peachy Iced Tea 2.5  
Iced Coffee 3.0  
Apple juice 2.5  
Orange Juice 2.5  
Glass of Milk 2.0  
Orange Squash 1.0  
Tap water 0.0  
Bottled Water 1.0  
Standard Cans 1.5  
Standard Bottles 2.0  
Monsters / Red Bull 2.5  
Protein Shake 3.0

## Extras

Add Coffee Shot 1.0  
Add Flavoured Syrup 0.5  
Whipped Cream 0.5  
Alternative Milk +0.5

## Smoothies 4.5

Pash N Shoot  
*Passion Fruit, Pineapple and Mango.*  
Berry Go Round  
*Strawberry, Raspberry & Blackberry*  
Coco Loco  
*Coconut, Mango, Pineapple Lime & Mint*

*Add Chia Seeds or Flax 0.5*

*All made with Apple Juice*

## Hot Drinks

Espresso 1.5  
Mug of Tea 2.0  
Americano 2.5  
Flat white 3.0  
Latte 3.5  
Chai Latte 3.5  
Capuchino 3.5  
Mocha 4.0  
Hot choc 3.5  
Deluxe Hot Choc 4.0  
Specialist Teas 2.0

## Cakes & Treats

Welsh Cake each 1.5  
Bara Brith & Butter 2.5  
Poppins and the Bear Treats from 3.0  
**See Cake Chiller Display for other Treats...**

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# Finch Lunch Main Menu

*Eat in or take away. Served between 12pm to 2:30pm Monday to Saturday*

*Please order with the Team at the Counter. All food made to order—Thank you for your Patience at busier times.*

## **Homemade Welsh Rarebit**

*Homemade sauce made with Welsh Cheddar, Welsh Butter, Wholegrain Mustard, Worcestershire Sauce & Local Stout on Local Rye Sourdough..9.0. Add Streaky Bacon, Sausages or Eggs 2.0*

## **Traditional Homemade Welsh Cawl**

*Served with Welsh Cheddar and Rye Sourdough 9.5*

## **Thick Cut Ham or Sausages Eggs & Chips**

*Local Welsh Ham or 2 Cardigan Bay Bangers, 2 Fried Eggs and Chips 10.0*

## **All Day Breakfast (Vegetarian Available)**

*Sausage, Bacon, Egg, Hash Brown, Mushrooms, Beans, Tomato & Toast 10.5*

## **Cardigan Bay Bangers & Mash**

*Three Locally Made Pork Sausages, Mashed Potatoes, Peas and Gravy 10.5*

## **Homemade Beef Lasagne**

*Served with Salad Garnish & Garlic Bread 11.0*

## **Homemade Finch Chicken Curry**

*Served with Rice, Chips or 'half 'n' half' & Naan & Mango Chutney 11.5*

## **Wholetail Scampi**

*Served with Chips, Peas and Tartare Sauce 11.5*

## **Finch House Burger**

*Choose from 6oz Beef, Southern Fried Chicken or Garden Vegetable*

*Served with Homemade Sauce, Lettuce & Tomato, Chips and Coleslaw. 12.0 Add Cheese or Bacon 1.0 Double Stack 2.0*

## **Children's Menu** (under 12's)

### **Spaghetti with Secret Vegetable Sauce**

*With Garlic Bread and Grated Parmesan 6.0*

### **Chicken Chunks, Sausage or Fishfinger**

*With Chips or Mash & Choice of Peas or Beans 6.0*

### **Homemade Chicken Curry**

*with Turmeric Rice, Naan Bread & Chutney 6.5*

### **Homemade Lasagne**

*With Homemade Garlic Bread & Salad 6.5*

### **Kiddies Lunchbox**

*Choice of Sandwich, Fruit, Snack & Drink 5.5*

## **Finch Specials**

*See board or ask the team for details*

*Soup of the Day 7.0*

*Salad Bowl of the Day 8.5*

*Pie of the Day 11.5*

*Jacket of the Day 8.5*

*Flat Bread of the Day 7.5*

*& More....*

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# Finch Light Lunch Menu

*Eat in or take away. Served between 12pm to 2:30pm Monday to Saturday*

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## **Flat Breads**

Honey and Mustard Chicken, Lettuce & Tomato 7.5

Moroccan Lamb, Couscous & Tzatziki 8.5

Tomato, Mozzarella, Pesto & Rocket 7.5

See Special Board for Flat Bread of the Day...

## **Hot Baguettes**

Roasted Chicken

With Stuffing & Homemade Gravy 9.0

Meatball Marinara

Beef meatballs in Homemade Marinara sauce

& Melted Mozzarella 9.0

*Add Extra Cheese 0.5*

## **Light Bites**

Crispy Cheese and Chutney Melts

Served on Rocket, with Balsamic Vinegar dip 5.5

Breaded Mozzarella Bites

Served on Rocket with Cranberry sauce 5.5

Creamy Garlic Mushrooms

Served with Rye Sourdough 6.0

Thai Prawn and Cod Fishcakes

Served on a Bed of Mushy Peas with Crispy Onions 6.5

## **Bara Gallega Baguettes**

*Served with Salad Garnish & House Coleslaw*

Welsh Cheddar 6.5

Thick Cut Ham 6.5

Welsh Cheddar & Ham 7.0

Tuna Mayo & Cheddar 7.5

Bacon, Lettuce & Tomato 7.0

Chicken, Bacon & Mayo 7.5

## **Jacket Potatoes**

*Served with Salad Garnish & House Coleslaw*

Welsh Cheddar 7.0

Thick Cut Ham & Cheddar 7.0

Tuna Mayo & Cheddar 8.0

Chicken, Bacon & Mayo 8.5

See special board for Jacket of the Day

## **Bara Gallega Paninis**

*Served with Salad Garnish & House Coleslaw*

Mozzarella, Tomato & Pesto 8.0

Ham & Cheddar 8.0

Bacon, Brie and Cranberry 8.0

Tuna & Cheddar Melt 8.5

Chicken, Bacon and Cheddar 8.5

## **Finch Specials**

*See board or ask the team for details*

## **Sandwiches / Baps**

*Served with Salad Garnish & House Coleslaw*

Welsh Cheddar 6.0

Thick Cut Ham 6.0

Welsh Cheddar & Ham 6.5

Tuna Mayo & Cheddar 7.0

Bacon, Lettuce & Tomato 6.5

Chicken, Bacon & Mayo 7.0

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